

	<b>Personal Development and Health</b>	<b>Flourish Wellbeing</b>	<b>Relationships and Sex Education</b>	<b>Living in your wider world</b>	<b>Careers &amp; economic wellbeing</b>	<b>Citizenship</b> (PD through Form time)
Year 7	<b>Managing change, transitions and safety</b> This unit helps students transition to secondary school and revisits learning about puberty from KS2. It then focuses on specific learning about testicular and vulval health, as well as how to identify and report abuse	<b>Emotional wellbeing</b> This unit helps students develop social and emotional skills.	<b>Families, influences and changing relationships</b> This unit explores family relationships, changing family circumstances, and influences on attitudes towards relationships, including online and media influences.	<b>Friendship and bullying</b> This unit explores the principles of healthy and unhealthy friendships, as well as how to identify and respond to bullying incidents.	<b>The online world and financial decisions</b> This unit helps students develop financial literacy, make informed money decisions, and understand how online behaviour can be influenced by algorithms, targeted content, and platform income generation	<b>Citizenship, Rights and Community</b> <b>This unit</b> introduces citizenship, including rights, responsibilities, law, crime and local communities.
Year 8	<b>Personal safety and managing risk</b> This unit is an opportunity for students to assess risk and support their personal safety in a range of contexts, including on the roads, around water, and in relation to alcohol and other drugs.	<b>Health and wellbeing</b> In this unit, students develop decision-making skills that support a healthy lifestyle and their wellbeing: from considerations about food, exercise and sleep, to assessing the impact of climate change on young people's wellbeing.	<b>Healthy and unhealthy relationships</b> This unit introduces a range of relationship issues facing young people, including harassment, image-sharing and gendered violence, and how to get support.	<b>Belonging and community</b> This unit focuses on how to create respectful and cohesive communities. It helps students recognise and challenge bias, stereotypes and discrimination and promote inclusion.	<b>Managing money</b> This unit builds on previous learning about financial decision making to explore aspects of daily economic wellbeing, such as managing bank accounts and different ways of saving and borrowing.	<b>Citizenship, Rights and Community</b> <b>This unit</b> explores democracy, voting, the media, law-making and how citizens can campaign for change.
Year 9	<b>Drug education and managing risk in relation to the law</b> This unit develops students' understanding of alcohol, vaping and substances, while exploring how young people may be drawn into crime and the impact of breaking the law.	<b>Mental health and wellbeing</b> Building on previous learning, this unit gives students the opportunity to rehearse essential self-regulation strategies and apply them to new and complex situations	<b>Intimate sexual relationships</b> In this unit, students revisit learning about consent and learn about healthy, safe sexual relationships, including using contraception.	<b>Navigating online harms</b> This unit explores online harms young people may be exposed to, focusing on how they can respond to deepfake AI images and misogynistic narratives.	<b>Careers and future choices</b> This unit supports students to prepare for making GCSE option choices by thinking about their career goals and future.	<b>Power, Equality and Participation</b> <b>This unit</b> covers government, equality, migration, money, digital democracy and participation in society.
Year 10	<b>Managing influence</b> This unit helps students to evaluate online content, understand how harmful attitudes such as misogyny spread, and recognise the impact of content on wellbeing, attitudes and behaviour.	<b>Health choices and wellbeing</b> This unit supports students to make informed, healthy and responsible health choices.	<b>Exploring consent and recognising abuse</b> This unit revisits and deepens students' understanding of consent, and helps them recognise, challenge and seek support for harmful behaviours or abuse.	<b>Challenging extremism, belonging and community</b> This unit supports students to challenge bullying and harmful attitudes, promote inclusion, and recognise and respond to extremism.	<b>Study, work and careers</b> This unit explores career choices and pathways, work experience, and applications for study or work.	<b>Justice, Economy and Active Citizenship</b> <b>This unit</b> develops understanding of democracy, the legal system, the economy, media influence and community action.

<p>Year 11</p>	<p><b>Drugs and personal safety</b> This unit supports students to understand the risks linked to substance use and gang involvement, manage external influences, and develop strategies to stay safe and seek support.</p>	<p><b>Life-long wellbeing</b> This unit revisits and builds on prior learning about mental health, helping students to explore strategies that support wellbeing, especially when managing workload and preparing for exams.</p>	<p><b>Safe relationships and sexual health</b> This unit explores power and control, boundaries, conflict, breakups, sexual health, family life, committed relationships, parenting, fertility, routes to parenthood and unplanned pregnancy.</p>	<p><b>Navigating the online world</b> This unit helps students understand the impacts and risks of AI and digital technologies, including misinformation, deepfakes, and sharing images.</p>	<p><b>Online financial harms</b> This unit supports students to understand online financial risks, manage spending safely, and recognise and respond to financial exploitation.</p>	<p><b>Rights, Global Issues and Revision</b> <b>This unit</b> revisits rights, protest, sustainability, global issues and key citizenship knowledge.</p>
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