



# Helping Young People with SEND Prepare for Their Future

## Understanding Post-16 Pathways

### APPRENTICESHIPS

#### What they are:

A real job with training and a salary. Typically, apprentices go to work 4 days a week and spend one day a week in training or at college.

#### Who they're for:

Young people aged 16+ who are ready for work and want to learn skills in a practical setting

#### Support for SEND learners

- ▶ Employers must make reasonable adjustments in the workplace
- ▶ Functional Skills requirements (Maths and English) can be adapted for some learners with additional needs
- ▶ Extra support is available through Access to Work grants, job coaches and learning support teams.



## TECHNICAL EDUCATION (T LEVELS)

### Who is it for?

Learners age 16-19 who prefer hands-on learning but still want an academic qualification.

### What is it?

A classroom-based alternative to A-Levels that includes a 45-day industry placement.

### Support for SEND learners

- ▶ Colleges have learning support teams and Education, Health and Care Plan (EHCP) provision
- ▶ Adapted assessment methods, extra time, or one-to-one supported can be provided.

## SUPPORTED INTERNSHIPS

### What they are:

Structured study programme for young people with an EHCP, combining workplace experience with personalised support.

### Who they're for:

Usually aged 16-24, who want to move into paid employment but need extra help to do so.

### Support for SEND learners

- ▶ Job coaches help with skills, communication and travel training
- ▶ Employers receive guidance on inclusive practice
- ▶ Internships often lead to sustained paid work.



## AT HOME AND DURING SCHOOL:



Talk about their strengths, interests and goals



Encourage independence (travel, communication, time management)



Visit careers fairs, open days, or taster sessions



Practice work skills including **punctuality**, **teamwork** and **problem-solving**

## DURING TRANSITION PLANNING (YEAR 9 ONWARDS):

Take part in annual review meetings and make sure future aspirations are included in the EHCP

Ask about career guidance, work experience, and transition support from the school or college's SEND or careers team

Explore local training providers and supported employment organisations.

# How You Can Support Success



Stay informed: Learn more about local opportunities through North Yorkshire's SEND Offer website [SEND Local Offer | North Yorkshire Council](#)

Work with professionals: Keep in touch with college, employers, or internship coordinator to ensure support is consistent

Encourage confidence: Celebrate small steps and progress - **self-belief is key**

Promote independence: Let them take increasing responsibility for travel, communication, and scheduling

## Useful Resources

- ✓ GOV.UK: Apprenticeships [www.apprenticeships.gov.uk](http://www.apprenticeships.gov.uk)
- ✓ T Levels: [www.tlevels.gov.uk](http://www.tlevels.gov.uk)
- ✓ Supported Internships: Providing supported internships for young people with an EHC plan - GOV.UK
- ✓ North Yorkshire SEND Local Offer: [SEND Local Offer | North Yorkshire Council](#)

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## Funded by

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## Delivered by

NYBEP believe every young person deserves to feel confident in who they are and where they're going. We use our knowledge, expertise, and understanding of people to connect education and employers so that young people have the self-belief to shape their future.

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## Turning Potential Into Possibility



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